

Welcome to ...

Online Safety for Parents

Education Child Protection Ltd.



Handouts will be sent to school

Stay in touch
Tweet us
@ECP_LTD

1

What children are taught about Online Safety



2



A National Crime Agency command

CEOP

3



A National Crime Agency command

www.ceop.police.uk



www.thinkuknow.co.uk

Child Exploitation and Online Protection Command

REPORT ABUSE

Reporting mechanism for CHILDREN...

4

Welcome to Thinkuknow

Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline.

Explore one of the six Thinkuknow websites for advice about staying safe when you're on a phone, tablet or computer.

Soon to say 4-7

5-7?

8-10?

11-13?

14+?

Parent/Carer?

Children's workforce?

BAND RUNNER

New - Band Runner

Band Runner is a fun interactive game that helps 8-10 year olds learn how to stay safe from the risks they might encounter online.

[Play the game!](#)

REPORT ABUSE

Advice... Help... Report...

5

When should I report to CEOP?

Someone ... online is putting pressure on me to do things I don't want to do

Someone... I don't know is asking me to live-stream & do things I don't want to do

Someone... online keeps asking me to meet them face-to-face & I feel pressured by them

Someone... I met in an online game keeps trying to talk to me privately



REPORT ABUSE

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Keeping ourselves safe...



ASK FIRST



Check with an adult at home before you visit a new site, game or app

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Keeping ourselves safe...

Tell someone

if you're being bullied on the internet

(for example, getting nasty messages or emails)

Take a screen shot

of any nasty messages - and don't delete the message until you have done this. Taking a screen shot saves the nasty messages, so that you can show them to people who can help you

Never arrange to meet up with someone you've met online

even if they seem nice, or you think you know them

Some things on the internet aren't real or are misleading

Be aware of the 'Click Here to Win'!

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Digital Resilience

Digital resilience refers to the emotional resources needed to:



1. Understand when you are at risk online



2. Know what to do to seek help



3. Learn from experience



4. Recover when things go wrong

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Latest trends of what children are doing online



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ONLINE GAMES

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Online Games...









Remember playing 'Snake' on your old Nokia?









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Advice for parents on Roblox...

Check the privacy settings on your child's account....

Set up time limits on how long they spend playing

19

ROBLOX QUIZ NIGHT

4 How old is the person playing Roblox?

They could be anyone...

20

Online Games...

Some games are more complicated & STRATEGIC...

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COMPUTER GAMES

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PEGI rating system

Age-rating of game in years: 3, 7, 12, 16, 18

PEGI (Pan European Game Information) is a system of age-rating and labelling games, which includes descriptors to indicate the main reasons why a game has received a particular age rating:

Bad language Game contains bad language	Fear Game may be frightening or scary for young children	Violence Game contains depictions of violence
Discrimination Game contains depictions of, or material which may encourage, discrimination	Gambling Games that encourage or teach gambling	Online gameplay Game can be played online
Drugs Game refers to or depicts the use of drugs	Sex Game depicts nudity and/or sexual behaviour or sexual references	

70% of British parents ignore age-ratings on games (Techradar)

23

18 www.pegi.info

Very strong violence
Frequent strong/very strong language
Strong portrayal of sexual activity
Scenes of strong sexual violence
Strong horror
Strong blood and gore
Real sex
Drug taking
Discriminatory language or behaviour

24

Biggest computer game in the world right now is...



200 million+ downloads

25

So what is it...?



Fortnite is an online shooter that starts with 100 players and leaves **one winner standing**. **Battle Royale** sees 100 players parachute onto an island, and the last player alive wins. Each game lasts about **20 minutes**

It has a PEGI rating of **12**, for **'frequent scenes of mild violence'**

12 Fortnite
Epic Games International S.à r.l., a Luxembourg Société à Responsabilité Limitée
You and your friends will lead a group of heroes to reclaim and rebuild a homeland that has been left empty by a mysterious darkness only known as "the Storm". Band together online to build extravagant...

The game is violent – it is a battle to the death, after all – but **the violence is rather cartoon-like** - it isn't bloody or particularly gory

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National Crime Agency...

...has warned Fortnite is **putting children at risk** from online paedophiles due to the chat facility.

Although the game itself seems pretty harmless, **players can talk and type whatever they want** to each other, and bad language is rampant.

March 2018, a mother from Merseyside told how she intervened when her 12-year-old son was offered £50 to perform "sex acts" while playing the game by a man grooming him online.

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Advice for parents on Fortnite...

- Be aware that there is mild violence - PEGI rating of 12
- Monitor who your child is talking to - check the communication settings
- Set up passwords on bank cards - lots of game purchase options
- Set up time limits on how long they spend playing...

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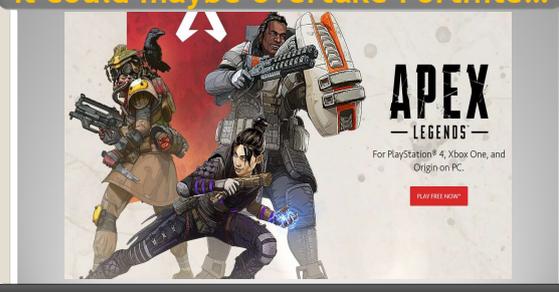


Children hooked on addictive video games like Fortnite will be able to seek treatment on the NHS, after video gaming is classified as a medical disorder by the World Health Organisation (WHO).

The move comes amid increasing evidence of **young players suffering psychological distress and family breakdown as a result of their addiction.**

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The next one in-line, thought that it could maybe overtake Fortnite...



PEGI RATING OF 16

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Gaming Buzzwords ...

<p>1337 Represents letters LEET Which means 'Elite' level</p>	<p>Respawn When a character reappears after being killed</p>
<p>Noob Newbie to the game (insult) n00b / Noobie / Newb</p>	<p>PWN To 'own' someone in a game, or render them helpless</p>

Above are some of the most commonly used phrases by avid gamers

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SOCIAL MEDIA

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Generation Internet....

- 21% 3-4s have their own tablet
- 24% 8-11 have a social media account
- 87% 12-15 have a social media account

Average number of 'likes' to make a child feel happy - **52**

Did you know...

33

Top Trending...

TikTok
TikTok is a global video community powered by music. Whether it's dance, freestyle or performance, creators are encouraged to let their imagination run wild.

Snapchat
Snapchat lets you send a photo or short video to your friends. The 'snap' appears on screen for a matter of seconds before disappearing.

Instagram
Instagram is a picture and video sharing app. Users can post content and use hashtags to share experiences or memories with an online community.

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Top Trending...

WhatsApp
WhatsApp is an instant messaging app, which lets you send instant messages, images and videos to friends.

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Top Trending...

WhatsApp
WhatsApp is an instant messaging app, which lets you send instant messages, images and videos to friends.

Houseparty
A group video chat app. When you and your friends are in the app at the same time, you'll see each other instantly. One tap and you're in.

Twitch
Twitch is a live video game website. You can watch playbacks of games being played by other people. You can also live stream your own games.

Discord
Discord is the only cross-platform voice and text chat app designed specifically for gamers. It is perfect for chatting with team member and seeing who is playing online

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Live Streaming Apps...

Police say abusers thrive on the immediacy these live platforms offer -

Children under 13 groomed on live streams

Targeting children with

- ✓ tricks
- ✓ dares
- ✓ Threats

to manipulate them into **nudity or sexual acts**

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Most Concerning...

Kik chat app 'involved in 1,100 child abuse cases'

Kik is an instant messaging app which lets you share messages, photos, games and news, or organise events.

Home Secretary - Sajid Javid has warned that he 'will not be afraid to take action' against tech giants if they do not help tackle child sexual abuse online...

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<http://parents-guide.yubo.live/>

Your one-minute guide to staying safer on Yubo

A social network that helps you:

- 13 Minimum age
- 3m+ new users all over the world
- 3m+ new messages sent each day

Did you know? Friendships are changing. More than half of US teenagers have made a new friend online and most of those friendships never cross over into real life.

Swipe to make friends | Chat in texts or groups | Live stream to friends

Our five-step approach to user safety

- 1 Sign-up**: Minimum age of 13, email address and mobile number required. Separate community for 13-17 year-olds. Community guidelines provided to engage and educate our users.
- 2 Profile Settings**: Users can hide their city and country. Ask to receive notifications from certain users.
- 3 Community Guidelines**: To keep the Yubo community as friendly and safe as possible, we have strict guidelines. Harmful content, bullying and other inappropriate behaviour are not allowed.
- 4 Moderation**: We use technical tools and human moderators to keep an eye on things.
- 5 Reporting**: We've made it easy for our users to report and remove any content that they don't like. We can take action.

Did you know? Users who violate our community guidelines receive a warning message and we might also remove the offending content, block them and, where necessary, contact law enforcement.

Three things to do right now

- Talk**: Talk to your child or students about their digital likes and dislikes.
- Encourage**: Encourage them to respect themselves and others online.
- Reassure**: Reassure them that they are not alone if something worries them.

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Grindr and Tinder 'must not risk children's safety'

More than 30 cases of child rape have been investigated by police, plus a further 60 instances of child sex offences - including grooming, kidnapping and violent assault - through online dating apps

The youngest victim was eight years old

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Most Concerning...

Kik: Kik is an instant messaging app which lets you share messages, photos, games and news, or organise events.

Yubo: Yubo allows you to meet new people around the world. Make new friends, chat and meet new people! Right to like, left to pass! Just like Tinder... if two people like each others pictures they can chat privately!

Send Safe Message- Self Destructing: Send Safe is a free service, which allows you to send a message or photo via popular apps... that **Disappears** after seen once.

Monkey: Talk to Strangers! Facetime strangers from anywhere. Monkey stories can be created and viewed by tapping the tree. 'Send a friend request if you're feeling their vibe'.

Secret Calculator: Calculator hides photos, contacts and videos behind a calculator. If you put in a passcode it will open up a private area. Able to browse internet without the history being saved.

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Advice for parents on Apps...

- Use a strong password
- Use an alias and avoid personal pictures
- Don't include date of birth and other personal information
- Show your child how to block and report
- Change settings to private
- Consider the minimum age
- Don't accept friend requests from strangers
- Switch off location services
- Tell them to think before they post

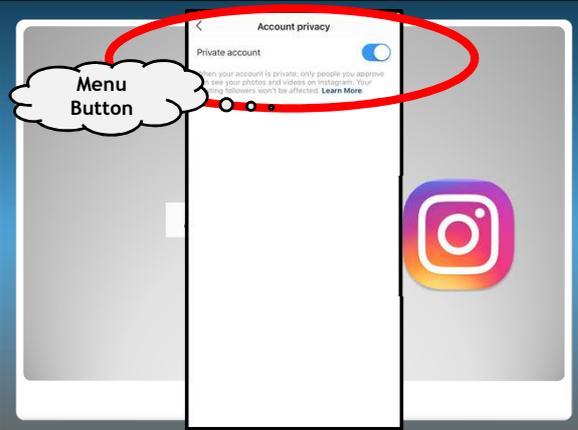
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Using social networking sites, it is so important that we use privacy settings to keep ourselves, and our information, safe!



So how do we do it...?

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Account privacy

Private account

When your account is private, only people you approve to see your photos and videos on Instagram. Your existing followers won't be affected. [Learn More](#)

Menu Button



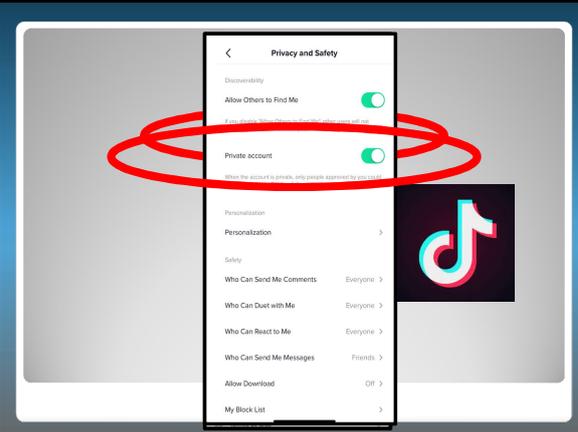
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Are you living an 'Insta Lie?'



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Privacy and Safety

Discoverability

Allow Others to Find Me

Private account

Personalization

Personalization >

Safety

Who Can Send Me Comments Everyone >

Who Can Duet with Me Everyone >

Who Can React to Me Everyone >

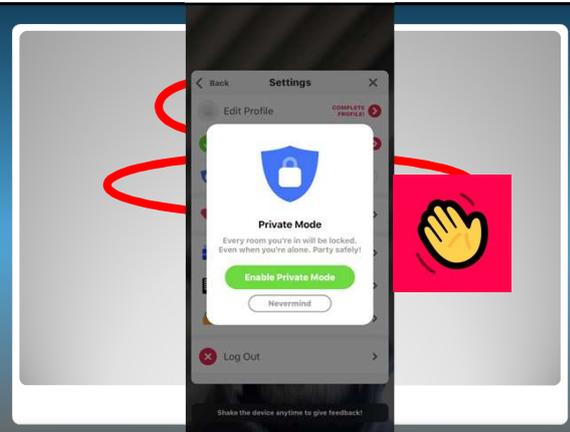
Who Can Send Me Messages Friends >

Allow Download Off >

My Block List >



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Settings

Private Mode

Every room you're in will be locked. Even when you're alone. Party safely!

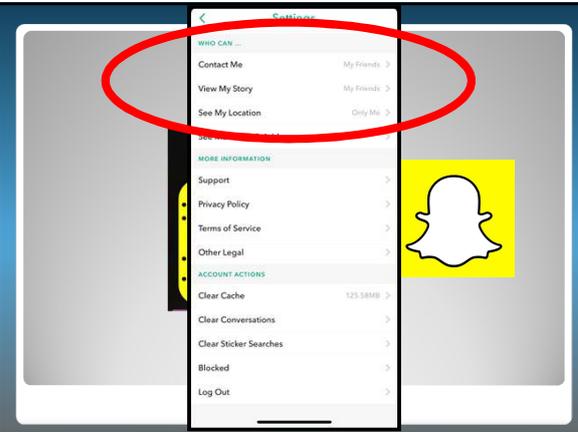
Enable Private Mode

Nevermind

Log Out



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Settings

WHO CAN ...

Contact Me My Friends >

View My Story My Friends >

See My Location Only Me >

MORE INFORMATION

Support

Privacy Policy

Terms of Service

Other Legal

ACCOUNT ACTIONS

Clear Cache 125.58MB >

Clear Conversations >

Clear Sticker Searches >

Blocked >

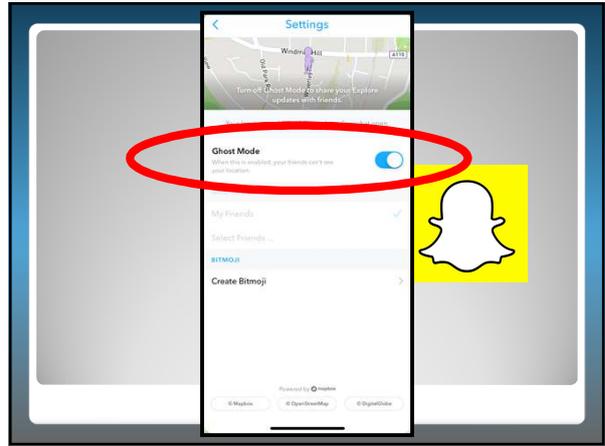
Log Out >



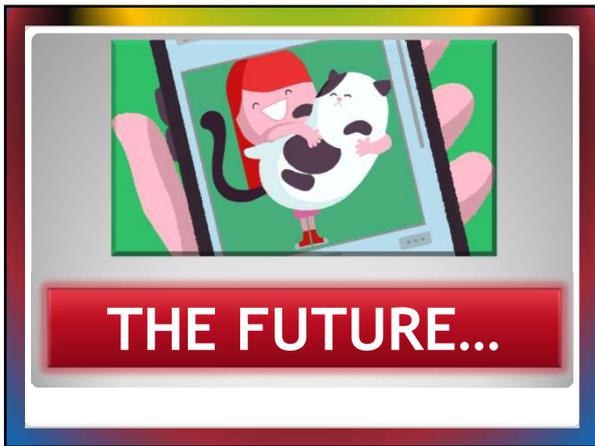
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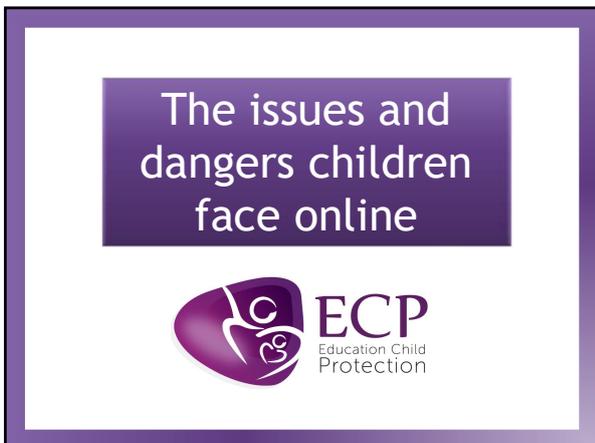
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Child Exploitation Online Protection Centre (CEOP)

How do offenders engage youngsters?
 - by using the sites that they use....



Often posing as a child of the same age / gender. They will often purposefully present a very similar profile as the child. They are skilled at manipulating them into criminal sexual relationships

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Online grooming: The five stages

Friendship

1

Flattering a child
 into talking in a private chatroom/game where they will be isolated
 The child will often be asked for a **non-sexual** picture of themselves

56

Online grooming: The five stages

Forming a relationship

2

Gaining information
 asking the child what problems /needs they have to create the illusion of being their best friend and that they can help
 They begin to fill the needs of the child

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Online grooming: The five stages

Risk assessment

3

Asking the child about the location of their computer/tablet and who else has access to it
 in order to assess the risk of being detected. The desire is to create situations where they are alone together to help reinforce a special connection

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Online grooming: The five stages

Exclusivity

4

Building up a sense of mutual love and trust with the child suggesting that they can discuss "anything"

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Online grooming: The five stages

Sex talk / Meet

5

Engaging the child in explicit conversations & requesting sexually explicit pictures from them
 At this stage the predator will usually try to arrange a meeting with the child

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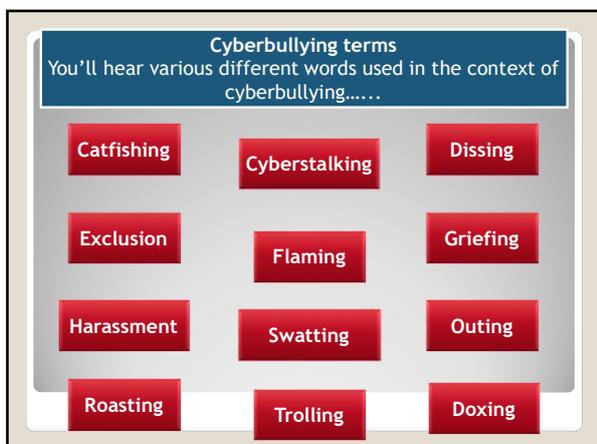
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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....



Roasting
Being '*tactfully mean*' or poking fun at someone

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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Exclusion **Griefing**



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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Exclusion
Individuals are *systematically blocked* from games or gaming teams



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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Griefing
Purposefully '*killing*' your teammates in an online game



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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....



Outing
Disclosing a person's sexual orientation or gender identity

77

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....



Doxing
Maliciously revealing someone else's personal information

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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....



Swatting
Is where someone finds your home address through your IP address and then calls the police

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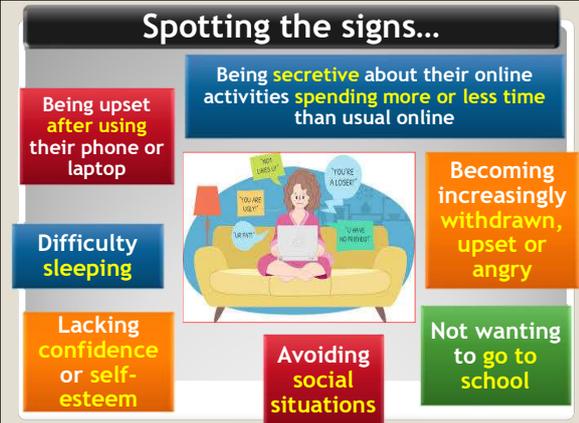
Tips for dealing with Cyberbullying!



- Report
- Save the evidence
- Don't respond
- Block the bully
- Be aware of what you share
- S-Start
- T-Telling
- O-Other
- P-People

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Spotting the signs...



- Being upset after using their phone or laptop
- Being secretive about their online activities spending more or less time than usual online
- Difficulty sleeping
- Becoming increasingly withdrawn, upset or angry
- Lacking confidence or self-esteem
- Avoiding social situations
- Not wanting to go to school

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What should I do if my child is being bullied online?



- Stay calm
- Listen without judging
- Praise them for talking to you
- Tell them you can help
- Ask them not to reply
- Block the bullies
- Keep the evidence
- Report information to your child's school.

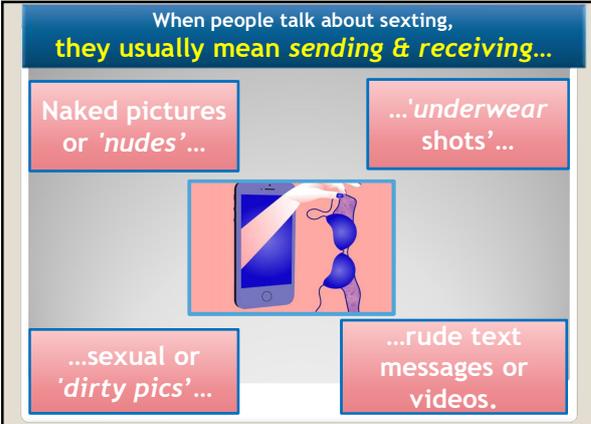
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SEXTING

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When people talk about sexting, they usually mean **sending & receiving...**



- Naked pictures or 'nudes'...
- '...underwear shots'...
- ...sexual or 'dirty pics'...
- ...rude text messages or videos.

84

Why do children send inappropriate images / videos?

There are many reasons why a young person may want to send a naked/semi-naked picture, video or message to someone else...

- A** joining in because they think that 'everyone is doing it'
- B** boosting their self-esteem
- C** flirting with others and testing their sexual identity exploring their sexual feelings
- D** to get attention and connect with new people on social media
- E** they may find it difficult to say 'no' if somebody asks them for an explicit image, especially if the person asking is persistent

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Blackmail, bullying and harm

- Blackmail**: An offender may threaten to share the pictures with the child's family and friends unless the child sends money or more images.
- Bullying**: If images are shared with their peers at school the child may be bullied.
- Sexting can leave young people vulnerable to...**
- Emotional distress**: Children may feel embarrassed and humiliated. If they're very distressed this could lead to suicide or self-harm.
- Unwanted attention**: Images posted online can attract the attention of sex offenders, who know how to search for, collect & modify images.

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THE LAW....

- Protection of Children Act 1978**: Makes it an offence to take, make, show, distribute, possess (with a view to distribute) or publish an advertisement with an indecent photograph or pseudo-photograph of a child under the age of 18.
- Criminal Justice Act 1988 part XI**: Makes it an offence to possess indecent images of children.
- Criminal Justice and Courts Act 2015 section 33**: Makes it an offence to share private sexual photographs or films with the intent to cause distress.
- Sexual Offences Act 2003**: Lists sexual offences and their definitions. If an image being shared is of a sexual act, police must find out whether a sexual offence has been committed and act accordingly.

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Police have only recently started filing crime reports about sexting...

If school choose to take an incident to the police, then officers must record the crime.

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Advice to children

- LOSING CONTROL**: Once you send a message you can't control what happens to it. Don't let someone guilt or pressure you into sending it.
- Conversation icon**: If you've sent a nude pic, have an honest conversation with the person you sent it to. Ask them to delete it.
- IWF**: If an indecent or nude pic of you is posted online, you can contact the website directly or make a report online to try and get it removed.

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"ZIPIT"

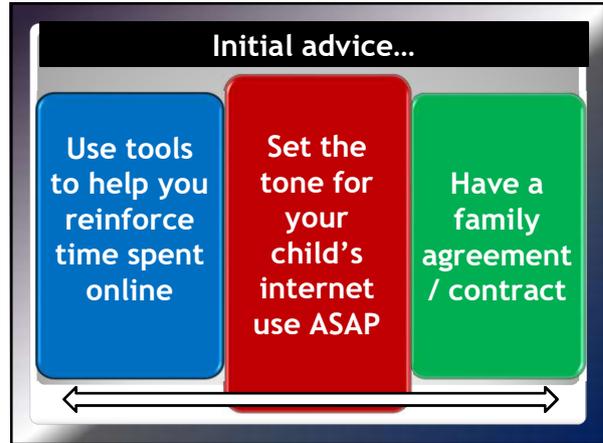
- Find out how to deal with a **sexting crisis**
- Support and advice** of what to do next
- Use **ChildLine and IWF** to remove images online
- Call ChildLine** or save the **number to your phone**

Education Child Protection Ltd.

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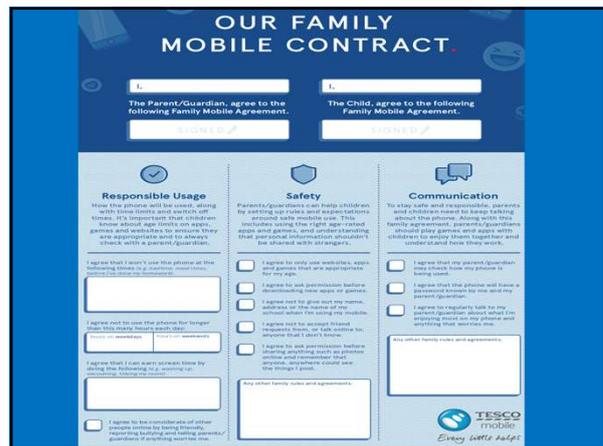
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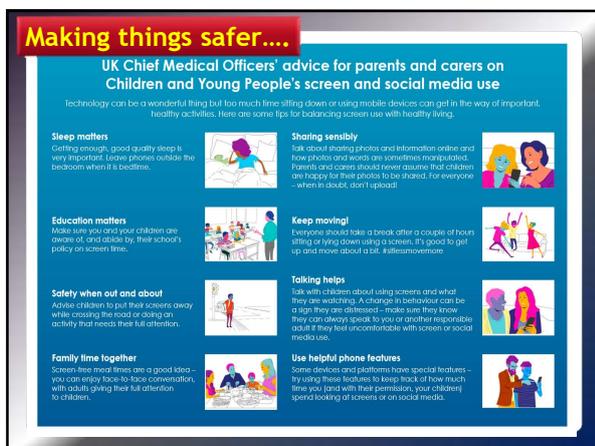
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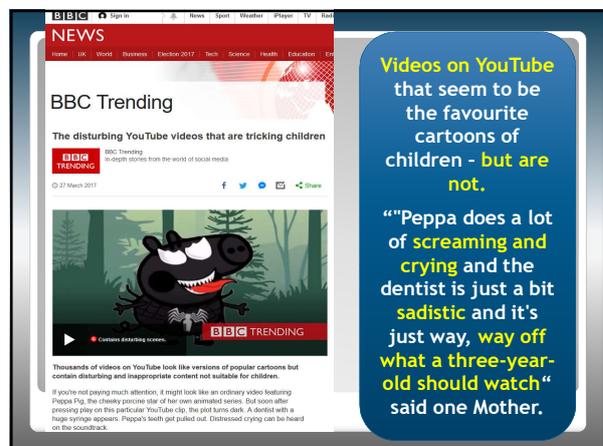
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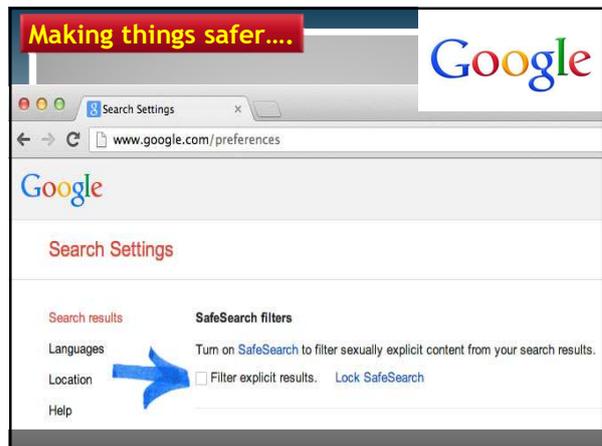
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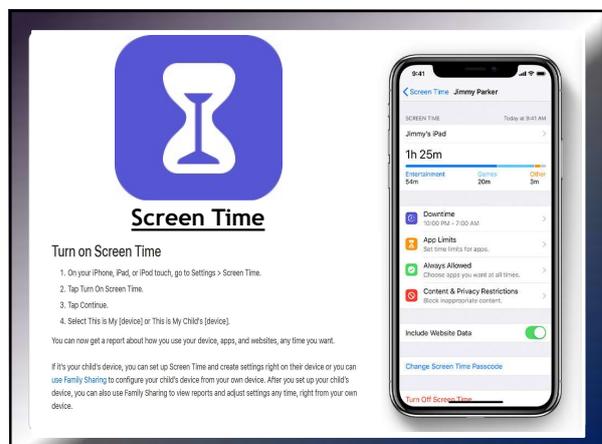
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Making things safer on Google 'Family Link'...

Keep an eye on screen time

Set limits

Lock their device

Whether it's time to go play outside, have dinner, or just spend time together, you can remotely lock a device whenever it's time to take a break.

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Qustodio

Keep them Safe

Designed to solve parents' concerns

Qustodio gives parents visibility, and creates daily opportunities to talk with kids about their online experiences.

- Block Inappropriate Content**: Our smart filters block inappropriate content even in private browsing mode.
- Control Games and Apps**: Set time limits for games & apps or block apps you don't want from running altogether.
- Balance Screen Time**: Easily limit your child's screen time across all their devices.
- Monitor Social Networks**: Monitor time spent on Facebook, Twitter, Instagram, Whatsapp and more.
- Monitor Calls & SMS**: View your child's calls and texts, read SMS messages, and set a list of blocked contacts.
- Location Tracking and Panic Alerts**: Track your child's location. In an emergency your child can send you Panic Alerts.

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Helpful sites for Parents & Carers

NSPCC NetAware | www.net-aware.org.uk

Your guide to the social networks your kids use
Stay up to date and keep your child safe in today's digital world

Search for a site, game or app to find out more (e.g. Facebook)

Explore other networks: All networks A-Z, Most popular

Allows parents and carers to **search** for apps, games and sites if they have a **concern** or **need more information**

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Making things safer....

parentzone - The experts in digital family life

Digital Parenting

Copies of Parent Zone and Vodafone's free internet safety magazine Digital Parenting are only a few clicks away. Order as many as you'd like today!

Parent Zone have very useful magazines for parents - **Digital Parenting** - can read whole catalogue on their website

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Making things safer....

Parent Info

Help and advice for families in a digital world

Parent Info is a collaboration between Parent Zone and NCA/CEOP, providing support and guidance for parents from leading experts and organisations.

What do you need advice on? Search for articles e.g. gaming

Explore: Gaming, e-sport and tech, Parenting, Safety and settings, Relationships and sex, Education and the future, Health and wellbeing

Parent Zone and CEOP have joined forces to create **Parent Info**

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How to set parental controls

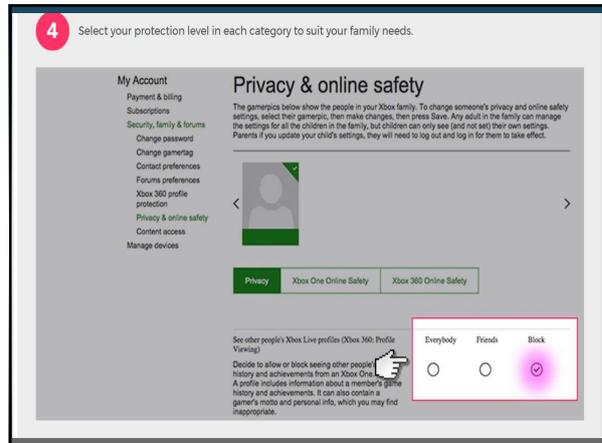
We've created over 70 parental control how-to guides for major networks, devices, services and entertainment providers in your home.

- Smartphones and other devices**: APPLE, ANDROID, APPLE
- Entertainment & Search engines**: Google, YouTube, NETFLIX
- Broadband & mobile networks**: BT, Virgin, EE
- Social media**: Facebook, Twitter, Snapchat

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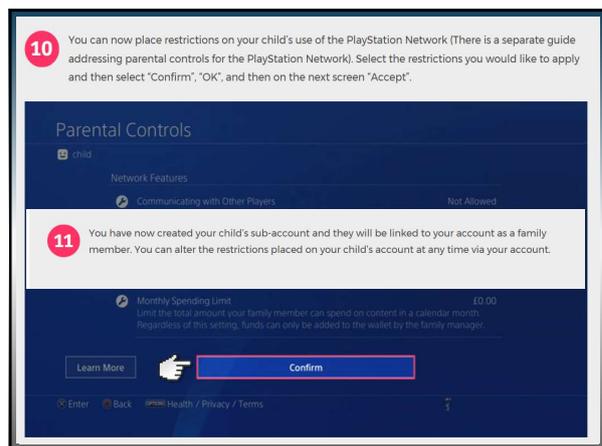
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Simple checklist for parents & carers :

I have visited www.thinkuknow.co.uk with my child
(I have **bookmarked** the CEOP website and told my child
what is there)

Open and honest dialogue - show an **interest and learn**
about what your child does online

Stay in control as much as you can through
parental filters, Family Sharing, and apps like Qustodio

Advertise **yourself** as one of the people your child can turn
to - **without** being chastised...

Education is better than saying to your child
"you are not doing this anymore..."

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